



# LLOYDMINSTER JR. STEELERS

**2025-2026**

**U13AA Tryout Camp**

# WELCOME TO THE 2025-2026 TRYOUTS

LLOYDMINSTER ELITE BOARD

FEMALE DIRECTOR

*Jason Carson*



# **LLOYDMINSTER ELITE HOCKEY DIVISION PREVIOUS MISSION**

OUR MISSION within the LEHD is to develop the skills, discipline and character necessary for our players to reach their highest level of personal growth and achievement, in an environment committed to their physical and mental wellbeing, and one that emphasizes the importance of educational success.

# LLOYDMINSTER ELITE HOCKEY DIVISION

## STRUCTURE OF THE LEHD

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EXECUTIVE  
DIRECTOR  
JAMIE WALKER

FEMALE  
DIRECTOR  
JASON  
CARSON

MALE  
DIRECTOR  
PHIL ZWIERS

EDUCATION  
DIRECTOR  
NATHAN  
MULLET

FINANCE  
DIRECTOR  
MIRANDA  
HOPKO





**U13AA  
JR STEELERS  
2025-2026 STAFF**



**Aaron Gervais- HEAD  
COACH**

**Charlotte Sandmeyer –  
ASSISTANT COACH**

**TBD– ASSISTANT  
COACH**



# JR STEELERS 2025-2026 PROVIDERS

Strength & Conditioning

- GRIT

On-ice Skills

- BOBCATS HOCKEY

Life Skills & Performance Coach - TBD





# STEELERS SEASON

## Year Summary

- 24 League Games
- 1 Strength & Conditioning session a week.
- 1 Skill Development Session per week
- Goalie Sessions every second week
- Life Skills & Performance (Approx 4 Sessions)
- 3 Tournaments
  - Saskatoon – October 10-12, 2025
  - Kindersley – November 7-9, 2025
  - Prince Albert – January 9-11, 2026 .
- March – April Playoffs, Provincials

## Week Snapshot

- 2 practices
- 1 Strength & Conditioning sessions
- 1 Skill Development Session
- 1-2 games





# TRYOUT WEEKEND — SEPTEMBER 6-8, 2025

**SERVUS SPORTS CENTER - HOLMES**

## **GROUP 1**

- **Saturday 3:30pm-4:45pm – Servus Sports Center SKILLS SESSION**

## **GROUP 2**

- **Saturday 5:00pm-6:15pm - Servus Sports Center SKILLS SESSION**

## **GAMES**

- **Sunday 12:00pm-2:45pm – Servus Sports Center**
- **Monday 4:30pm-6:45pm - Servus Sports Center**



# TRYOUT PREPARATION & DETAILS

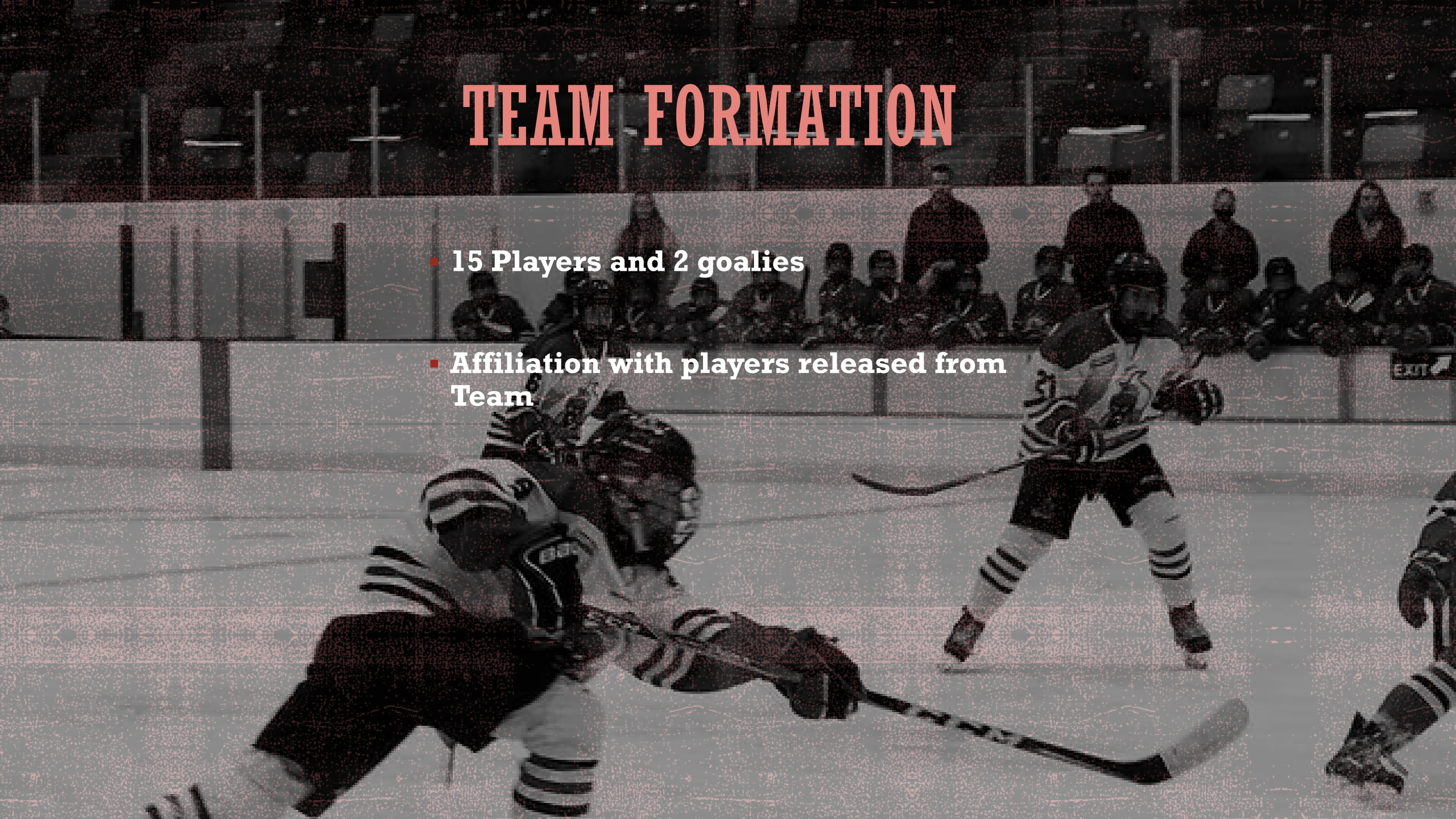
- To bring:
  - Equipment & sticks
  - Water bottle
- Tryout jersey
  - Receive Friday before skate
  - Keep jersey with you all weekend
  - Give tryout jersey back after Sunday's game
- Rest, nutrition & hydration





# TEAM FORMATION

- 15 Players and 2 goalies
- Affiliation with players released from Team





# WHAT WE ARE BUILDING

## PHILOSOPHY

### **ATTITUDE/ EFFORT and EXECUTION**

Teamwork is the ability to work together towards a common goal, our ability to take personal accomplishments and direct them towards our group goals/ objectives. Our teamwork is the process that will drive us to attain team results. Time will not be wasted on poor attitude and selfishness, as that will not be tolerated. Team first!





# QUESTIONS?

WE WILL HAVE A QUESTION PERIOD BETWEEN SKATES, AT 4:45PM IN THE UPPER CONCOURSE OF THE SERVUS CENTER  
SATURDAY FOR ANYONE THAT WOULD LIKE TO ATTEND

CONTACT [ELITE@LLOYDMINSTERMINORHOCKEY.COM](mailto:ELITE@LLOYDMINSTERMINORHOCKEY.COM)



**THANK YOU FOR  
JOINING US**

Safe travels & see you Friday!

