Lil' Skaters SPRING Classes

May 3-June 10, 2021

*There are no classes on May 24, 2021.

5-week Fee (Mondays)	\$50.00
6-week Fee (Wed/Thurs)	\$60.00
Parent & Child per 5-week Session	\$35.00
Drop In Fee per class	\$12.50
(if spots are available)	

REGISTRATION OPENS February 23, 2021

Please arrive no more than 10 minutes early and be "rink ready" with only skates to put on. Anyone who is sick or symptomatic is asked not to attend class. A COVID-19 waiver must be signed at the first class. **ONE** parent or caregiver may accompany registrants to their <u>assigned dressing room</u>, assist with putting on skates and be available during class for assistance on the ice or visiting the washroom. A limited supply of ice grips are available. Patrons are asked to please exit the Servus Sports Centre within 10 minutes following their class. COVID-19 guidelines are in effect—masks must be worn. Register at <u>lloydminster.ca/register</u>

Please note: COVID-19 guidelines and class schedules are subject to change.

MONDAY	WEDNESDAY	THURSDAY
Lil' Skaters Parent & Child Session I: 9:15 - 9:45am Session II: 10:00 - 10:30am	Lil' Skaters Step 1 9:45 - 10:30am	Lil' Skaters Step 1 9:45 - 10:30am
Lil' Skaters Step 1 10:45 - 11:30am	Lil' Skaters Step 2 10:45 - 11:30am	FULL Step 2 10:45 - 11:30am
Lil' Skaters Step 2 11:45am - 12:30pm	Lil' Skaters Step 3 11:45am - 12:30pm	Lil' Skaters Step 3 11:45am - 12:30pm



Lil' Skaters Skill Level Descriptions

PARENT AND CHILD

Ages 2.5 and up

This program is recommended for children with little or no skating experience and who still require assistance on the ice. The focus for this class will be teaching balance, posture and learning to stand up on the ice. Parents wearing skates must be comfortable enough on skates to physically support their child who may not yet be sturdy or balanced on the ice. Parents who are not stable on skates must have ice grippers on their shoes. We have a limited supply of ice grippers available to borrow during this class.

LIL' SKATERS STEP 1

Ages 3 and up

To participate in this class, children are required to stand and walk on the ice with little or no assistance from the instructor. It is also an independent class where skaters are to follow instructions on the ice in a group setting. If the skaters are neither holding their balance on the ice nor following instruction, then the "Parent and Child" class is recommended. The fundamental movements of skating are introduced in this class including skating forward, walking backward, turning, stopping and jumping. Various activities such as action songs, teaching aids and group games are utilized to ensure a fun learning environment.

LIL' SKATERS STEP 2

Ages 3.5 and up

This class is a great choice for those who have already taken "Lil' Skaters Step 1" or for those with previous skating experience. Further development of fundamental movements of skating is taught during this class including skate forward, skate backward, turns, stops and jumps. Balance and edge development is also introduced. Skill circuits, teaching aids and group games are utilized to ensure a fun learning environment.

LIL' SKATERS STEP 3

Ages 4 and up

This is a high-paced class and is designed for those who have already taken "Lil' Skaters Step 2". This class can also be taken by those who have previously taken other skating lessons and have learned the fundamental movements. Skaters will be taught forward cross-overs, backward stride, side stops, tight glides and edge development. Skill circuits, teaching aids and group games are utilized to ensure a fun learning environment.